



The Peer24 Program

Peer24 is an interactive learning experience designed to provide peer support training, communication mastery workshops, and onboarding training to effectively prepare individuals to support guests of Sean's House

What is Peer Support?



A Peer Specialist is an individual who identifies as having lived experiences with mental health or substance use challenges that is willing to share these experiences to promote wellness in recovery. They meet 1-on-1 with individuals of similar age, status, or ability that are experiencing challenges of their own to inspire hope, reduce stigma, and have authentic conversations about mental health.

Peer Specialists offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, and communities of support.

[Apply Here](#)

Defining our Program



Peer: a person of the same age, status, or ability as another specified person.

Peer Specialist: a person who is willing to identify lived experiences with a behavioral health challenge to their peers and support them by reducing stigma, connecting them to community resources, and promoting wellness throughout recovery.

The social glue and connection between Peer and Peer Specialist will be based on these shared experiences, characteristics, cultural influences, and interests provided in a safe and compassionate environment.

Curriculum Overview

Recruitment & Enrollment: April 1st, 2021 -> May 24th, 2021

Training: May 3rd, 2021 -> July 26th, 2021

- **Peer Specialist Core Courses:** Academy of Peer Services asynchronous online modules (Courses are open between May 3rd & July 26th)
 - 13 Modules, Approx. 40 - 50 hours total
- **Communication Mastery in Peer Support:** Healthcare Theater Masterclass (Sessions will take place during the months of June & July)
 - 6 Weekly virtual sessions, Approx. 1 hour/week (6 hours total, dates & time TBD)
- **Onboarding training:** Sean's House Mental Health Protocol (Sessions will take place during the months of June & July)
 - 6 Weekly virtual sessions, Approx. 1 hour/week (6 hours total, dates & time TBD)

The Peer24 Path



Registration & Enrollment

Register before May 3rd for training by applying online and conducting an interview with Sean's House staff



Training

Begin your 8-week training and learn new skills through interactive learning experiences



Supporting others & gaining experience

Contribute to the lives of others and improve your wellbeing in the process by volunteering as a Peer Specialist at Sean's House

[Apply Here](#)

Who is this for?

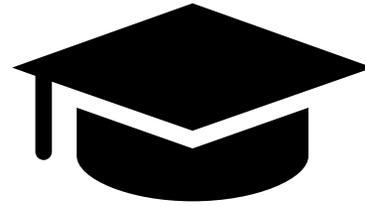
Anyone with lived experiences dealing with a mental health or substance use challenge who wants to make a difference in their community is eligible to apply!

Your volunteer service at Sean's House will specifically benefit those in behavioral health fields listed below:



Undergraduates

Psychology, Health & Human Services, and Public Health students who are looking for experience through interactive volunteer opportunities



Graduate students

Clinical Psychology, Counseling, Social Work, or a related field looking for experience or practicum hours



Doctoral candidates

Ph.D, Psy.D, DNP, or other doctoral candidates looking for field experience in behavioral health

Note: If you are not studying in a behavioral health field you are still eligible and encouraged to apply!

[Apply Here](#)

Frequently Asked Questions



Other FAQ's

Q: What is the time commitment for this program?

A: In total, this program is anticipated to consist of 60 hours of virtual training which will take place during the months of May, June, & July.

Q: Is this program only available for current students?

A: This program is open to anyone aged 14-24 who is interested in volunteering in-person at Sean's House in Newark DE.

Q: What additional responsibilities are required for volunteer opportunities?

A: Trainees are expected to attend all mandatory Zoom training sessions. Additionally, all asynchronous modules will have a mandatory quiz that requires a minimum score of 70% and allows 2 attempts per quiz.

Q: What kind of experience are you looking for?

A: "Lived experience" means you have personally worked on or are in recovery for mental health or substance use challenges and are willing to share these experiences as a means of supporting others. Supporting friends or family members with their mental health or substance use challenges is not considered to be personal lived experience. Without personal lived experiences it will be very difficult to complete the training and provide support as a Peer Specialist.

[Apply Here](#)

Apply Today!

The experience you gain from this program will help you build resiliency throughout everyday life, practice self-care, and promote the wellness of your peers.

Please apply before May 24st using the link below:

[Apply Here](#)

Contact Us

For more information or questions please don't hesitate to contact us!



Darian Elmendorf
Director of Peer Support
Darian@unlockethelight.com

